

The Very Punchable Face Memoir: A Reflection on the Power of Appearances



A Very Punchable Face: A Memoir by Colin Jost

★★★★☆ 4.6 out of 5

Language : English

File size : 47870 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 320 pages

Screen Reader : Supported



In her memoir, "The Very Punchable Face," Amber Ruffin explores the complexities of living with a face that invites violence. With her signature wit and candor, Ruffin recounts a lifetime of being told that she has a "punchable face," and the ways in which this has shaped her life.

Ruffin's memoir is a powerful reminder of the power of appearances, and the ways in which they can shape our lives. It is a must-read for anyone who has ever felt like they didn't fit in, or who has ever been judged based on their appearance.

The Punchable Face

Ruffin's face is not conventionally beautiful. It is round and wide, with a large forehead and a prominent jaw. Her eyes are small and dark, and her nose is broad and flat. She has been told that she looks like a "potato," a "pig," and a "monster."

Growing up, Ruffin was often the target of bullying. She was called names, teased, and even physically assaulted. She learned to hide her face as much as possible, and to avoid making eye contact with people.

As an adult, Ruffin has learned to embrace her face. She knows that it is not beautiful by conventional standards, but that it is beautiful to her. She has also learned to use her face to her advantage. She is a successful comedian, and she uses her platform to speak out against bullying and discrimination.

The Power of Appearances

Ruffin's memoir is a reminder of the power of appearances. The way we look can have a profound impact on our lives. It can determine how we are treated by others, and it can even shape our own self-perception.

For people who have faces that are considered to be "punchable," the consequences can be devastating. They may be more likely to be bullied, discriminated against, and even assaulted. They may also have difficulty finding work, and they may be less likely to be taken seriously.

The power of appearances is not just limited to those who have faces that are considered to be "punchable." It also affects people who have faces that are considered to be beautiful. Beautiful people are often treated better than others, and they may have more opportunities in life. However, they may also be subject to unrealistic expectations, and they may be judged more harshly for their mistakes.

The Importance of Self-Acceptance

Ruffin's memoir is a celebration of self-acceptance. She has learned to love her face, even though it does not fit into conventional beauty standards. She has also learned to use her face to her advantage. She is a successful comedian, and she uses her platform to speak out against bullying and discrimination.

Ruffin's memoir is a reminder that we should all learn to accept ourselves for who we are. We should not let the opinions of others dictate how we feel about ourselves. We should all be proud of who we are, and we should all strive to live our lives to the fullest.

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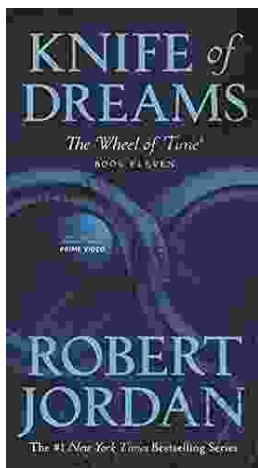
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